



Year 1 Termly Overview

Autumn 2025

Welcome back to school and your first term in Year 1! I hope you find our new termly overview useful. Here you will find a brief overview of what we will be covering in school this term. Take a look at our knowledge organisers on our class and curriculum webpages for more detail! If you have any further questions, please email me:

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PE

We have 2 hours of PE every week. During the autumn term, we will have PE on Wednesdays and Thursdays. Please make sure your child keeps their PE kit in school on their peg. We will send it home at the end of the half term or if it gets very dirty!

Autumn 1: In the first half term, we will develop our throwing, catching, receiving and reacting skills in a unit called 'Brilliant Ball Skills'. In our 'Mighty Movers' lessons we will also develop our running skills.

Autumn 2: In the second half term, we will be focussing on gymnastics. We will also keep fit and learn how exercise affects the body by completing fun, active games and circuits in our 'Bootcamp' unit!

Maths

In maths this term, we will be focussing on:

- Place Value
- Addition and subtraction
- Geometry (shape)

We will make sure we can confidently count, read and write numbers to 10. We will learn what addition/subtraction means with lots of use of our practical resources. Finally, we will recognise and name 2D and 3D shapes, thinking about their properties, and we will create repeating patterns with them.

English

In our English lessons we will be developing our:

- Reading skills, including learning the Stage Two phonics sounds, developing our decoding and ability to answer comprehension questions.
- Speaking and listening skills.
- Handwriting – focusing on letter formation
- Writing to work on composing a sentence orally before writing it. We will use traditional tales to support this and try to use capital letters, finger spaces and full stops.

Art

Our art lessons are linked to our theme all about ourselves and will focus on portraits. We will learn about the Pop Art movement and create self-portraits using drawing and photography in the style of Pop artists.

Music

We take part in music lessons every week. This term, we will...

Autumn 1: We will start by exploring the concept of keeping a steady pulse together inspired by their favourite things.

Autumn 2: Using voices, bodies and instruments to listen and respond to different pieces of music, we will learn and perform a rhyme and song with a focus on tempo. We will focus on the adventures of the Snail and mouse to understand how tempo can shape a musical story.

Theme (History/Geography)

Our theme this term is called 'Myself, My School and My Village'.

In our history lessons, we will begin thinking about the history of the children's own lives before beginning to think about how life in our school and village has changed over time. We will focus on changes toys and school thinking about how these have changed in living memory for our parents and grandparents before thinking further back to what these were like in Victorian times.

In our geography lessons, we will take a closer look at the geography of our school and local village. We will introduce map making and carry out fieldwork by observing features of the school grounds and carrying out a survey of the local area.

Computing

We take part in weekly computing lessons. In Autumn 1, we will be learning all about technology around us. In Autumn 2, we will create digital art! We will test out different creative tools and create our own digital paintings inspired by different artists.



DT

In Autumn 2, we will take part in a weekly DT lesson. In this unit, we will learn more about textiles. We will explore teddy bears and how they are made. We will then learn the running stitch and use this to sew our own bear.

Science

Every week, we have science lessons. In science, we will be finding out more about 'Humans'. We will learn about the five senses and name and label parts of the body.

We will carry out investigations to build our skills at working scientifically.

Our 'Seasonal Changes' unit runs throughout the year. This term we will focus on Autumn and observe seasonal changes as well as describing the weather associated with the season and how the day length varies.

RE

We have an RE (Religious Education) lesson every week. In Autumn 1, we will explore the big question 'How might your worldview be seen in the choices you make?' In this unit, children will think about how people may show their belonging to a worldview by what they wear, the actions they take and how they live.

In Autumn 2, we will think about the big question 'Why does Christmas matter to Christians'. Children will learn more about Jesus' birth and why this is important for Christians.



PSHE

We have weekly PSHE lessons. PSHE lessons allow children to learn how to share their opinions, ensuring that they listen to those of others, taking turns and showing respect for each other. This term, we will be learning all about:

Autumn 1- Beginning and Belonging. This unit is designed to be delivered at the start of the school year, thinking about our school rules and building positive relationships. Children will have the opportunity to consider what it feels like to be in a new situation and how to cope with that. They will develop their own 'Network of Support', identifying trusted adults at home and at school whom they can ask for help and support.

Autumn 2- Family & Friends. In this unit, children will learn about and be able to describe some ways friends might act or behave, recognising the diversity in friendships and that friendship patterns change. They will consider the importance of telling the truth in order to build their friendships on firm foundations and think about strategies for coping with difficult situations in friendships. They will begin to learn about their rights to personal space and to explore their own boundaries, starting to understand about giving and getting consent in friendships.



Looking for more ways to help at home? Here are some additional things you may wish to practise:

- Practising the alphabet so your child can name the letters of the alphabet in order.
- Complete fun fine motor activities to build your child's finger strength which will help them with their letter formation and handwriting. Some ideas include, cooking together, using clothes pegs, playing with playdough, threading and lacing, completing jigsaw puzzles, drawing and colouring, cutting and sticking and building with blocks.
- Practising counting to 10 (and then to 20) forwards and backwards. You could test your child on identifying the number that is one more/one less a given number.
- Use objects to add two numbers or subtract two numbers (up to 10).
- Play games together that help your child develop their turn-taking skills. Games using dice are particularly beneficial.
- Help children develop an understanding of 'chronology' by talking about the past/present/future. You could show them photos of your own life or their life to discuss the order of events.
- Practise drawing portraits together. There are lots of draw-along videos on YouTube, which you may find useful! Perhaps you could even make a family portrait to share with us.



Year 1 weekly homework expectation:

Read with an adult every day. To help record and celebrate children's reading, every child will receive a reading diary at the start of term. Parents, carers and children should use the diary to record when they have read and to communicate with school about their child's progress.

Additional Homework (Optional)

For those parents who wish to further extend their child's learning at home, each class webpage will include the following, which can be accessed at any time to support parents with home-learning:

- Reading Activities – Tasks to help children reflect on the books they've read and develop a love of reading. These can be sent into school and shared during our weekly library session. We have included enough activities if you would like to select one per week.
- Spellings – You will find all of the spelling words and rules your child will learn throughout the whole year on their class page. These words will regularly be practised and revisited throughout the year. There is no weekly spelling test as the children will now be regularly quizzed on a range of rules to help aid their retention. You will also have access to the Spelling Shed app for fun, online practice to consolidate their spellings.
- Maths – A selection of key maths concepts and arithmetic skills to practise at home, plus Numbots logins for interactive practice.
- Phonics – To support phonics development, you will find a link to your child's phonics song on their class page. This song is sung daily in school to help children remember the sounds they will consolidate all year. You will also find some suggested activities to practise decoding ('sounding out' letters in order to read a word) and segmenting (breaking down spoken words into the individual sounds you can hear in order to write them).

