

**Animals including humans have offspring that grow into adults**

**lamb**



**sheep**



**baby**



**toddler**



**child**



**adult**



**teenager**



**egg**



**chick**



**chicken**



**The young of some animals don't look like their parents:**

**spawn**



**tadpole**



**frog**



**eggs**



**caterpillar**



**butterfly**



**pupa**



## Animals including humans – Year 2

### Key vocabulary

<b>offspring</b>	A person's children or an animal's young.
<b>reproduction</b>	The process where new animals, humans or plants are made.
<b>growth</b>	The process of getting bigger.
<b>exercise</b>	This is when you move your body physically to get fit and remain healthy. Our heartbeat increases when we exercise.
<b>breathing</b>	This is what we do to get oxygen in our bodies.
<b>hygiene</b>	Keeping clean to prevent illnesses and the spread of disease.
<b>germs</b>	A very small thing that can cause diseases. We cannot see them with our eyes.
<b>disease</b>	An illness which affects people, animals or plants.

All animals including humans have these basic needs to survive:

food to eat

water to drink

air to breathe

shelter

To grow into healthy adults, animals including humans need:

good hygiene

exercise

right amount and types of food

### The Eatwell plate

This shows the different food groups that make up a healthy diet.

