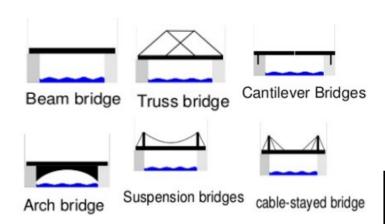
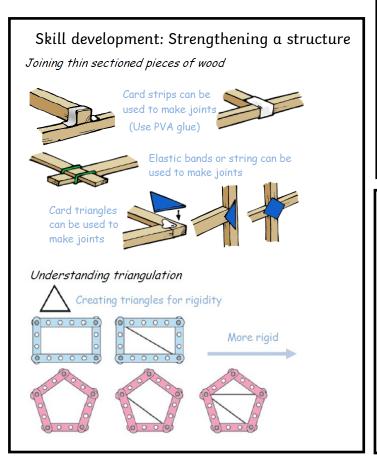


Y5 Autumn Term - DT—Rainforests and Mayans











Tower Bridge, London

Golden Gate Bridge, San Francisco

Sydney Harbour Bridge, Sydney

Existing products

- Beam bridges are the simplest structural forms for bridge spans supported by a pier at each end.
- A truss bridge is a bridge with its load-bearing structures composed of a series of wooden or metal triangles, known as trusses.
- A cantilever bridge is a bridge built using cantilevers, structures that project horizontally into space, supported on only one end.
- An arch bridge is a bridge with abutments at each end shaped as a curved arch.

<u>Vocabulary</u>		
stiffen	To make something stiff or rigid. This is important when making a bridge as it	
	will help the bridge hold its shape.	
strengthen	To make something become stronger.	
reinforce	To strengthen a material that could weaken when force is applied.	
stability	The state of being stable.	
triangulation	If you look closely at a bridge, you will notice that they often have triangles	
	in their design. It's like that because triangles are stronger than squares.	
	When you push hard on a square, the whole thing collapses. But when you	
	push on a triangle, it keeps its shape. So triangles make stronger structures.	
	This is called triangulation.	

Y5—Summer Term—DT—Cooking and Nutrition

In this unit, we will learn all about the main food groups and the different nutrients that are important for health. We will find out how a variety of ingredients are grown, reared, caught and processed to make them safe and palatable / tasty to eat. We will also begin to become more independent when selecting appropriate ingredients and use a wide range of techniques to combine them.

Nutrient	Found in (examples)	What it does/they do
carbohydrates	BUDGET GRAIN WINDLAWFIJL BERAD	provide <mark>energy</mark>
protein	VOGHURT)	helps growth and repair
fibre	RANGUE GRAIN GRAIN WHOLEMEAL	helps you to digest the food that you have eaten
fats	PLAIN NUTS COCONUT OIL	provide <mark>energy</mark>
vitamins	PLAIN NUTS	keep you <mark>healthy</mark>
minerals		keep you <mark>healthy</mark>
water		moves nutrients around your body and helps to get rid of waste

Key Vocabulary		
healthy	in a good physical and mental condition	
nutrients	substances that animals need to stay alive and healthy	
energy	strength to be able to move and grow	
saturated fats	types of fats, considered to be less healthy, that should only be eaten in small amounts	
unsaturated fats	fats that give you energy, vitamins and minerals	

