

## Y3—Autumn Term - DT (Cooking and Nutrition)

# Where does food come from?

Food has to be grown, farmed or caught. There is lots of delicious food that we grow in England but we also import food from Europe and the wider world.

We eat lots of different parts of plants for example:

Roots (carrots and potatoes)

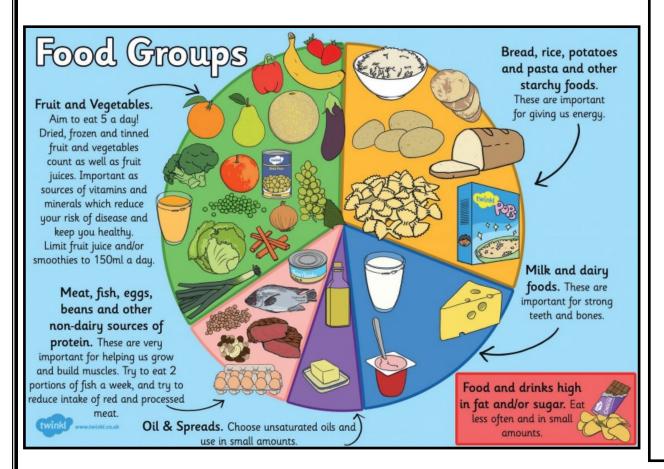
Stems (asparagus and ginger)

Leaves (spinach and lettuce)

Flowers (cauliflower and broccoli)

Fruits (apple and tomato)

Seeds (rice and peas).



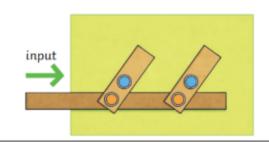
<u>Vocabulary</u>			
grating	To rub food against a grater in order to		
	cut it into a lot of small pieces.		
slicing	Slicing is cutting an item into thinner		
	pieces. Depending on the food, slices can		
	be crosswise or lengthwise. A carrot, for		
	instance, usually is cut crosswise into		
chopping	This is a method for cutting food into		
	bite-sized pieces		
dicing	The process of cutting food into small		
	cubes of equal size. This can help them		
	to cook at the same time.		
peeling	Peeling removes the outer layer of rind		
	or skin.		
sieving	Sieving is when we drain away the wa-		
	ter. The sieve catches the food and lets		
	the water pass through small holes.		
stirring	To mix a something in a circular pat-		
	tern using a spoon, spatula or other		
	utensil.		
weighing	We can weigh out ingredients using a		
(scales)	scale so we know how much of each		
	ingredient we have. Ingredients are of-		
	ten weighed in grams (g).		
measuring , .	We can measure ingredients to find out		
(using meas-	how much of each ingredient we have.		
uring spoons)	We can use measuring spoons to help us		
	get the right amounts.		
tsp	Teaspoon		
tbsp	Tablespoon		

## Y3 Summer Term—DT—Moving Pictures

### **Exploring Mechanical Systems**

Many mechanisms take one type of <u>input</u> motion, and <u>output</u> it as a different type of motion. In lever and linkage mechanisms:

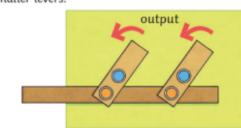
Input - The movement of the main lever by the user.



The simplest type of mechanism. A lever is a stiff

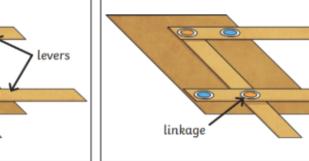
bar which moves around a pivot.

**Output** - The movement that is made by the smaller levers.



# Linkage

The part of the mechanism used to join one or more levers to produce the type of movement required.

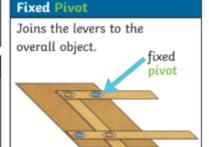


# Joins the levers together.

loose

pivot

Design, make and evaluate a moving mechanical picture (product) for myself (user) to retell a story (purpose).



## Design brief

When we make our moving pictures, we need to follow a design brief.

A design brief is a planning document that clearly explains what the project has to achieve, how it will be achieved, and how long you have to do it.

## Vocabulary

main lever

Lever

motion	Movement from one place to another	linear motion	Moving in a straight line, e.g. paper trimmer
pivot	To turn on a central point.		Moving forwards and backwards in a straight line, e.g. cutting with a saw.
rotary motion	Turning round in α circle, e.g. α wheel.	_	Swinging from side to side in an arc, e.g. a pendulum in a clock