

#### Y1 Autumn Term—DT—Myself, My School and My Village

# Skill development: Sewing

## What is sewing?

One way you can join fabrics together is by stitching them together. To sew you use a needle and thread. The thread gets pushed through the hole at the top of the needle and then a knot can be tied so it doesn't fall out.



Product: A teddy bear

User: Me

Purpose: To play with!

## Running stitch

A running stitch is a type of stitch where you keep moving the needle in and out of the fabric. This then holds the fabric together.

# **Existing products**

A teddy bear is a type of toy that looks like a bear. Teddy bears are normally made of soft fabric to make them nice and cuddly. Teddy bears are normally stuffed with a material called polyester.



needle	A thin piece of metal with a point at one end used for sewing.
thread	A long, thin piece of material used in sewing.
sewing	Sewing is when you join pieces of material together using a needle and thread.
design	To make, draw or write plans for something.

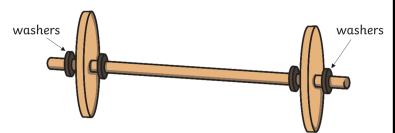
#### Y1 Spring—DT—Travelling Around the UK

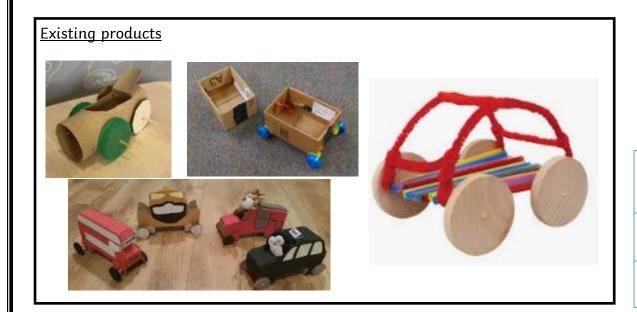
## Wheels and Axels

Different wheels move in different ways. There are lots of different types of wheels you could use on a pull along toy or toy car.



The wheels are joined together using an axle. An axle is a rod that goes through the middle of a wheel. Real vehicles, such as cars and vans, also have axles.. To stop the wheels from moving on our toys, we can put washers on either side or blobs of modelling clay.





Chassis	A chassis (said 'shah-see') is a frame which the rest of the vehicle is built.
Axle	A rod through the wheel so that the wheels can turn.
Dowel	Wooden rods used for making axles.

#### DT Knowledge: Cooking and nutrition











Pastry brushing Beating

Mixing

Sieving

#### Vocabulary

pour	ring	To tip liquid out of a container.
beat	ting	To mix/stir quickly. This helps to mix the ingredients together and add some air to the mixture.
mix	ing	To combine ingredients together.
siev	ing	Sieving is when we drain away the water. The sieve catches the food and lets the water pass through small holes.
pas brusi	_	To brush a liquid, like milk or a beaten egg, over pastry. This helps to make the pastry look shiny and helps to close up any edges.

#### Healthy eating

To make sure we stay healthy, we should eat lots of different foods. Fruit and vegetables are an important part of a healthy diet. You should aim to eat at least five portions of fruit and vegetables every day.

Some foods aren't as healthy for us like chocolate, crisps and sweets. We should only have a small amount of these foods.

# Where does food come from?

All food comes from plants or animals.

Some food is grown. Fruit grows on trees, bushes and plants. Some fruits need hot weather to grow, such as mangoes, oranges and pineapples. Other fruits, such as apples, pears and plums, do not need hot weather and can be grown in the UK. Some vegetables grow above ground and others grow underground. Potatoes grow under the ground.

Some food comes from animals like eggs, milk and meat.